Senior Dog Pet Sitter Instructions

One sheet with everything a sitter needs to keep an older dog safe and on schedule.

ABOUT THIS DOG

Dog's name: _____ Age: _____ Weight: _____

Breed: _____ Microchip #: _____

Words that mean 'normal' for this dog (energy, appetite, sleep): _____

_____

WHO TO CALL

Owner phone: _____ Backup contact: _____

Regular vet + phone: _____ Emergency vet + phone: _____

Address of emergency clinic: _____

MEDICATIONS (ONE LINE PER MEDICATION)

Medication	Dose	Time(s)	With food?	How to give it	Given (check)

DAILY ROUTINE

Time	What happens	Notes (slow walker, needs help on stairs, etc.)

Senior Dog Pet Sitter Instructions (page 2)

Feeding, mobility, what is normal, and what counts as an emergency.

FEEDING AND WATER

Food (brand, amount, times): _____

Treats allowed / not allowed: _____

Water notes (raised bowl, drinks a lot, etc.): _____

MOBILITY AND COMFORT

Stairs: _____ Ramp or steps for car/bed: _____

Walk length and pace: _____ Harness or leash notes: _____

Where they sleep / favorite resting spot: _____

Overnight bathroom trips? (how many, what time): _____

WHAT IS NORMAL FOR THIS DOG (SO THE SITTER DOES NOT WORRY)

_____

_____

CALL THE OWNER IF YOU SEE

- ☐ Skipped two meals in a row
- ☐ Cannot get up, or falls repeatedly
- ☐ Vomiting or diarrhea more than once
- ☐ Breathing looks fast or labored while resting
- ☐ Missed or doubled a medication dose
- ☐ Anything on this line: _____

GO STRAIGHT TO THE EMERGENCY VET IF YOU SEE

- ☐ **Collapse or unresponsiveness**
- ☐ **Trouble breathing**
- ☐ **Seizure**
- ☐ **Bloated, hard belly with retching**
- ☐ **Owner's own additions:** _____

SITTER'S DAILY LOG

Date	Meals eaten	Meds given	Bathroom	Mood / notes